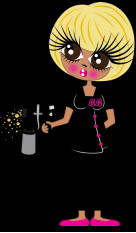


How To Get The Best From Your Spray Tan



A spray tan can not only enhance how you look, it can also enhance how you feel. It's no secret that I love the benefits a tan gives, feeling more confident and slimmer to name but a few. But what are the secrets to owning that golden glow for as long as possible, and just how can you get the best from your spray tan?



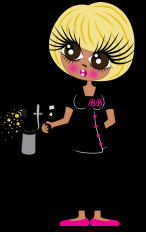
It all starts with good preparation and by using Polishing Body Scrub, you are creating the perfect base for your professional spray tan or self tan to be applied. The fine pumice helps to gently remove dead skin cells, leaving your skin feeling refreshed and silky soft.

After your tan has been applied, the next step is to prolong it. Balance Body Wash is ideal for this. It's pH balanced formula means its gentle enough to use all over the body, including your face. Unlike other shower gels that may encourage your tan to fade, Balance Body Wash is packed full of natural ingredients to help look after your skin, as well as your tan.



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Finally you can protect your gorgeous glow by using Radiance Body Balm. This luxurious moisturiser should be used daily to keep skin nourished and hydrated. If your skin becomes too dry this will cause your tan to fade quicker.

If you want something to top up your tan at home, I personally love Express Tanning Mist. It has a 360° nozzle, which makes it hassle free and really easy to apply. It provides instant colour and develops fully in just 2-4 hours.

By following these steps you can really get the best from your spray tan. If you would like any more information on any of the Sienna X products I have mentioned above, then please feel free to get in touch. You can email me; nina@bebeautifulhairandbeauty.co.uk or pop and say hello over on my [Facebook](#) page.

In the meantime, enjoy being the most beautiful version of yourself!