



Be Beautiful For Valentine's Day!



Be Radiant...

Treat you and your skin to a good quality body exfoliator, I love Polishing Body Scrub by Sienna X. It buffs your skin to perfection and leaves it silky smooth, plus it smells divine!

Book a Spray Tan...

We all feel better with a tan and let Valentine's Day be no exception. A gorgeous natural glow will leave you feeling sexy and super confident, plus promoting radiant, healthy skin.



Make Yourself Blush...

A fresh, yet natural look can be stunning. A cream blush can work wonders, use to highlight cheek bones, place the lighter blush on the apple of your cheek and then sweep the darker shade underneath.

Keep Your Lips Kissable...

I love Tropic's Lip Love Balm, it's enriched with Cocoa Butters, Carrot Oil and Vitamin E. It repairs and replenishes and is the perfect lip balm to keep those lips kissable!

The Eyes Have It...

A classic smokey eye looks beautiful. Have a play with the same shades but using one slightly darker than the other to get you started. Apply a small amount of the darker colour to the outer corner and blend towards the middle, then apply a lighter shade. There are some really useful tips on my pinterest board for this, check them out here; [BBHB Pinterest Board](#).

Be Beautiful HAIR & BEAUTY



Hair Ideas...

Long hair can look beautiful worn down with soft waves, and short hair can look just as sexy too. Have a play with some styles and if you are looking for inspiration and "how to" get the look, then feel free to head over to my Pinterest board.

Nail It...

We all love having our nails done and looking nice, so there is no better choice than Shellac. Shellac is a power polish that lasts chip free for 14 days and gives you a mirror shine. Colours can be created to give you a completely bespoke design and why not add an accent nail to make it really special and add some va va voom! There are lots of pictures on my Facebook page; which you can click on the following link to view; www.facebook.com/bebeautifulhairbeauty.

Be Irresistible...

Experts say to apply perfume to your pulse points; so by applying to the inner wrists, the base of the throat, behind ear lobes, in the cleavage, behind knees, and the inner elbows, you are sure to emit the scent for longer! Hope you have a fabulous Valentine's Day.