

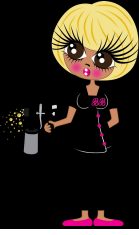
How To Get More From Your Spray Tan



We all love the feeling that a spray tan gives us, but did you know that with the right aftercare, you can actually keep your golden glow for longer? If you answer yes to any of the following questions, then you may be causing your tan to fade all too soon...

Are you having long hot showers or baths?

This will cause your tan to fade sooner. Opt for short showers and avoid baths and swimming. Chlorinated water and long baths will cause the skin to become dry, therefore encouraging the dead skin cells and your tan to flake off.



Is your shower gel gentle enough?

Your hands and face will always fade quicker, as these are washed more throughout the day. However if your shower gel is too harsh, it could be taking your tan with it. Switch to something that is more gentle, like **Sienna X Balance Body Wash**. This is mild enough to use on the face too and will help prolong the life of your tan for longer.

Are you moisturising enough?

By moisturising daily and keeping your skin hydrated, this really helps prolong the lifespan of your tan. **Radiance Body Balm by Sienna X** is perfect for adding subtle gold flecks to keep your skin looking at its best.

Once your tan starts to fade, I recommend using **Polishing Body Scrub**. The fine pumice will help gently remove colour and encourage a more even fade. This also is the best product to prepare your skin, ready for your next spray tan to be applied.

Be Beautiful HAIR & BEAUTY



I hope this has been useful and given you some inspiration to maybe give some of these products a try for yourself.

If you would like more information on any of the products I have featured or wish to order any, then I would love to hear from you.

You can pop over to my [Facebook](#) page; or drop me an email; nina@bebeautifulhairandbeauty.co.uk.



Image Sources: Sienna X