

Sparkle This Party Season...



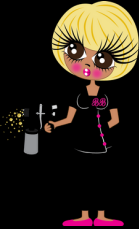
December is full of office parties and celebrations, so I thought I would share some really quick and easy ways to help you sparkle this party season...

Have a Spray Tan...

We all know that a tan makes us not only look great, but we feel better to, so why not treat you and your skin to a gorgeous light glow this festive season?

Be Beautiful

HAIR & BEAUTY



The Little Black Dress...

This timeless favourite never goes out of fashion; it's classy and can be the perfect canvas to accessorize. Put together with some chunky silver jewellery and a gorgeous pair of heels and you'll really add some va va voom!

Don't Forget the Flats...

From all the dancing, our feet can really feel it the next day so if you are taking your favourite handbag, maybe think about popping some flats in too! After a night on the dance floor, treat your feet to a little soak in some hot and then cold water. The warm water will increase blood flow and the cooler water will help reduce inflammation.

Sparkle with Shellac...

There is nothing nicer than treating yourself to get your nails done and the perfect choice is Shellac, with zero dry time, chip free colour and a high mirror shine that lasts. Why not ask me about creating the perfect Shellac shade to go with your outfit? A completely bespoke colour just for you!

Be Beautiful HAIR & BEAUTY



Give Your Hair a Boost...

Shiny hair looks great so why not opt for a Gloss or a deep nourishing conditioning treatment, not only will your hair look and feel great, but it's full of all the right ingredients to help you become the belle of the ball.

Treat your Skin...

Moisturise with Radiance Body Balm from Sienna X, the luxurious balm melts into the skin leaving subtle flecks of gold behind to leave skin feeling soft, smooth and radiant. It will also help to prolong your spray tan too!



Be Beautiful HAIR & BEAUTY



If you would like more information on any of the services or products I have featured or wish to order any, then feel free to get in touch via my **Facebook** page; or drop me an email; nina@bebeautifulhairandbeauty.co.uk.

Wishing you all a magical Christmas and a very Happy New Year full of sparkle!

